




MENTAL HEALTH & LEARNING DISABILITIES

Regional Priority / Outcome as identified in the Population Needs Assessment:

- Increased understanding and awareness of mental health amongst the public, to reduce stigma and help people to seek support earlier.
- To improve emotional well-being and mental health for adults and children, through early intervention and community support.
- To support people with learning disabilities to live independently with access to early intervention services in the community; and greater public awareness and understanding of people with learning disabilities needs.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.

		
<p>Increase Information, Advice and Assistance (IAA) in more accessible formats to provide people with informed choices to support their wellbeing and increase understanding.</p>	<p>Increase emotional well-being support in schools and the communities through identified best practice models</p>	<p>Increase support to the workforce to ensure they have the skills, training, and emotional support, to effectively support their role</p>

The regional **Mental Health and Learning Disabilities Partnership** will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

1. We need to promote the mental wellbeing of people in Gwent and ensure that the workforce is supported, to be able to provide people with the support they need at the right time.
2. There is a need to increase the number of bespoke and individual support packages for people with a learning disability which will involve more one to one support in the community and will require the recruitment of a greater number of volunteers.

(WHAT we are doing) Action	(WHO) Partner Agencies	(HOW) will we deliver	(WHEN) Timescales/ Milestones	Progress Measures <i>How much and how well have we delivered?</i> <i>What is the difference made?</i>
<p>Review and align regional strategies to Together for Mental Health Delivery plan and develop new regional 10-year T4MH strategy.</p> <p><i>To include Strategic approach to support people with complex needs, including those who are entitled to Section 117 aftercare, as defined by the Mental Health Act (1983)</i></p>	<ul style="list-style-type: none"> • MH/LD Division/ ABUHB • Five LAs/ Social Services • Housing/Homeless prevention • Area Planning Board (complex needs) • Gwent Police • WAST • Third sector • Private Sector 	<ul style="list-style-type: none"> • The Mental Health and Learning Disability Partnership Board will develop the new 10-year T4MH strategy, setting out how WG priorities will be delivered at a regional level. • The Mental Health and Learning Disability Partnership will ensure an effective sub partnership structure, to deliver priorities and ensure regular updates from subgroups, as a standing item on the partnership agendas. (Subgroup partnerships to include MH Operational Group, LD Operational Group, Complex Needs, Whole Person, Whole System Mental Health Crisis Board') 	<p>Quarterly meetings</p>	<ul style="list-style-type: none"> • Performance Measures to be added after regional strategy developed and signed off by WG. • Effective subgroup structure developed to oversee delivery of strategy. • Reporting of outcomes to RPB and wider partners.
<p>Deliver T4MH CYP and ensure links with the Children and Families Strategic Partnership, to develop and enhance transition arrangements.</p>	<ul style="list-style-type: none"> • MH/LD Division • Families/Children's Division • Crisis Liaison Teams • Social Services • Educational Teams • EDT's • CFB 	<ul style="list-style-type: none"> • Work with Children and Families Board to align delivery and develop a joint action plan, to deliver priorities focussing on areas of collaboration. • Continue to organise a Transitioning subgroup to support transition between children and adult services. • Link and monitor effectiveness of specific services, such as Mental Health 111 Team, Peer Mentors in 	<p>Quarterly meetings</p>	<ul style="list-style-type: none"> • Joint action plan developed and reviewed regularly, including review of support services. • Agreed transition pathways in place • Performance measures to be added.

		ED and other commissioned services.		
Develop local strategy and action plan in response to WG Talk 2 me National Strategy, in relation to Self-Harm and Suicide Prevention.	<ul style="list-style-type: none"> Public Health Wales MH/LD Division PHP's, NCN's IWN's Police Social Services Third Sector services (MH Alliance) 	<ul style="list-style-type: none"> Gwent Suicide and Self-harm Prevention Steering group work programme in place, including an Expert by Experience group and Communications, Engagement and Training group. Support development of National Bereavement service along with locally commissioned services. Shared Lives (and other crisis services, such as the Crisis Support House, GDAS. 	Quarterly meetings	<ul style="list-style-type: none"> T2M action plan developed and monitored regularly. Reporting of outcomes to RPB Performance measures to be added
Work with Health, Social Care and Housing Forum and Supporting People to ensure that people with a mental health need, substance misuse need, a learning disability or a co-occurring need can access appropriate accommodation and housing related support. Work in close partnership with the Area Planning Board, co-occurring agenda for people living with complex needs	<ul style="list-style-type: none"> APB Social Services Housing/Homeless providers MH/LD Division Housing Associations Private Landlords GSSMS) and Area Planning Board commissioned services, such as GDAS 	<ul style="list-style-type: none"> A standing item to be included on MH/LD Partnership agenda to ensure effective links with partners with a focus on referral pathways to access services. Share work plans across partners to ensure effective mapping of services and avoid duplication and maximise delivery. Review and develop commissioning priorities for Commissioned Third sector services, floating Support commissioned organisations, Substance use services and VAWDASV providers and regional board. 	Quarterly meetings	<ul style="list-style-type: none"> Effective referral pathways in place across organisations supporting mental health, substance misuse and housing needs. Reviewed commissioning strategy based on mapping to avoid duplication

<p>Implementing the Gwent Emotional and Mental Wellbeing Foundation Tier programme.</p>	<ul style="list-style-type: none"> • ABUHB • Public Health Wales • Local Authorities • Independent/Third Sector 	<ul style="list-style-type: none"> • Developing the content and reach of Melo website, as a Central Point of access for people to support their mental wellbeing in Gwent. • Providing free self-help courses and resources for people in Gwent. • Developing and promoting Gwent Connect 5 as a workforce training programme to build knowledge, skills and confidence to have everyday mental wellbeing conversations. 	<p>Quarterly meetings</p>	<ul style="list-style-type: none"> • Increase in number of people undertaking Gwent Connect 5 training, and self reported increase in knowledge, confidence, motivation, and skills to have a MH conversation after attending Gwent Connect • Number of users visiting Melo website, increased followers, and engagement on Melo social media channel • increased number local partners social media accounts following Melo social media • increased number of partners signposting to Melo from their website
<p>Integrated Wellbeing Network Development to support people living with dementia and their carers</p>	<p>Integrates Service Partnership Boards</p>	<ul style="list-style-type: none"> • Assess and identify good practice in Community connector roles. • Ensure accurate information and advice available through effective IAA, Dewis, public awareness campaigns. • Support and build community resilience and grow social networks, tapping into sources of support in the community. • Review health and wellbeing hubs and identify effective hub coordination. 	<p>Quarterly meetings</p>	<ul style="list-style-type: none"> • Multi agency staff trained and awareness of mental health and needs of learning disabilities.

		<ul style="list-style-type: none"> • Explore volunteering solutions and links to schools to promote Age Friendly Communities. • Promote and extend regional Ffrind I Mi volunteering scheme 		
<p>Deliver Welsh Government's Learning Disability Strategic Action Plan 2021-2026, including development of a regional LD Charter.</p>	<ul style="list-style-type: none"> • MH/LD Division • Social Services • Local LD providers (voluntary and private providers) • People who access PIP and/or their personal carers? • Schools/colleges/ universities 	<ul style="list-style-type: none"> • Learning Disabilities Integrated Community Service model developed. • Review of Specialist LD in-patient provision. • Review of individual placements and providers. • Review of Day Services and funding constraints for all partners. 	Quarterly meetings	<ul style="list-style-type: none"> • LD charter developed. • Mapping and review of services. • Citizen outcomes and case studies. • Increase early intervention and practical support to help people live independently. • Increase awareness and understanding of the needs of the individual needs of people with a learning disability. • Increase the number of social opportunities for people with a learning disability. • Increase the number of bespoke and individual support packages for people with a learning disability • Increase learning, training, volunteering, and paid work opportunities for people with a learning disability.

				Increase number of social opportunities through 'My Mates'
Review other local, regional and national plans to identify areas of collaboration and alignment of resources.	ISPB NCN LAs ABUHB PSB	Review and identify areas of collaboration <ul style="list-style-type: none"> • ABUHB IMTP • ISPB, NCN • Local Authority Corporate Improvement Plans • PSB regional Wellbeing Plan and delivery Marmot principles • Identify how work contributes and deliver National Outcome Framework 	Quarterly	Maximise resources Single work programmes <ul style="list-style-type: none"> • Identify opportunities for joint commissioning
Oversee and monitor delivery of Regional Integrated Funding delivery models of care and capital spend	MH&LD Partnership	<ul style="list-style-type: none"> • The Partnership will oversee and review progress of all RIF funded projects through a standing item update at each meeting. • A complete list of related projects will be shared with members to determine the schedule of meeting/presentations • Projects will use a standard PowerPoint presentation setting out objectives, progress, barriers, and next steps, in delivering against the Area Plan • Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card. 	Quarterly meetings	<ul style="list-style-type: none"> • Support delivery of national Models of Care and monitor effectiveness of projects. • Individual project performance information to be included

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